How to Control Incontinent Associated Dermatitis (IAD) From Evolving into Hospital Acquired Pressure Injuries (HAPI)



3

Tania Anderson, RN, CWS, OMS; Marisa Dela Rosa, BSN, RN, CWS, COCN, COC; Allen Del Mundo, BSN, RN, WCC WTA-C, OMS; Cathy Downey, RN, BSN, WOC; Angel Garcia, JR, RN, BSN, CSW, COCN; Lorjane Palacio, RN, CWS, OMS

BACKGROUND

It was determined through the SI process, that we had a very high incidence of incontinence associated dermatitis (IAD) that evolved to hospital acquired pressure injuries (HAPI). From 3/4/2020 through 4/30/2021 there were 1780 Skin injuries entered in the SI. There were 215 SI that had IAD as the primary skin issue. 12% incidence for the IAD, for which 30% evolved at least to stage 2 PI up to unstageable. Many of these HAPIs were centennial events.

PURPOSE

Determine if the switch from a 2 step cleansing process for Incontinence to a 1 step process will decrease the amount is Incontinent Associated Dermatitis (IAD, thus decrease Hospital Acquired Pressure Injuries (HAPI) by 50%.

METHODS

Problem brought to the Skin Council for discussion:

- •Literature review presented change the present 2 step process which included a personal cleanser and barrier cream for cleaning after incontinent episodes to 1 step barrier wipe
- •Council felt the incidence warranted the immediate change
- •House wide education on the use of the 1 step barrier wipe started in May 2021.
- •Monitor the SI for IAD and IAD that evolved into HAPI from June 1 August 31, 2021.

Incontinent Associated Dermatitis

IAD presents as inflammation of the skin surface characterized by redness, and in extreme cases, swelling and blister formation has jagged edges.

- Is caused by prolonged exposure to various sources of moisture, including urine or stool, perspiration, wound exudate, mucus, saliva, and their contents, with or without erosion or secondary cutaneous infection.
- Moisture associated skin damage (MASD) Including incontinence associated dermatitis (IAD), and intertriginous dermatitis (ITD) which is an inflammation condition of the skin folds.





These are not a pressure injury

RESULTS

SI reports were reviewed from 6/1/21-8/31/21

- •461 reported, of which, 49 reports were concluded as IAD/MASD.
- •Of the 49 reports, only 4 reports evolved into a PI.
- •Only 1 PI evolved into a reportable event.
- •Majority healed prior to discharge.

CONCLUSIONS

- •Marked improvement of controlling the incidence of IAD and the area evolving into
 - a HAPI.
- •The results showed a decrease of the incidence of IAD from 12% to 10%.
- •The incidence of reportable HAPI went from 30% to 3%.

REFERENCES

- Junkin J, Selekof JL.; Prevalence of incontinence and associated skin injury in the acute care in-patient.;
 - J Wound Ostomy Continence Nurs. 2007 MayJun;34(3):260-9. 2.
- Doughty D, Junkin J, Kurz P, Selekof J, Gray M, Fader M, Bliss DZ, Beeckman D, Logan S.; Incontinence-associated dermatitis: consensus statements, evidence-based guidelines for prevention and treatment, and current challenges.; J Wound Ostomy Continence Nurs. 2012 May-Jun;39(3):303-15 3.
- Gray M, Bliss DZ, Doughty DB, Ermer- Seltun J, Kennedy-Evans KL, Palmer MH. Incontinenceassociated dermatitis: a consensus. J Wound Ostomy Continence Nurs. 2007 JanFeb;34(1):45-54 4.
- Gray M, Beeckman D, Bliss DZ, Fader M, Logan S, Junkin J, Selekof J, Doughty D, Kurz P; In continence-associated dermatitis: a comprehensive review and update. J Wound Ostomy Continence Nurs. 2012 Jan-Feb;39(1):61-74